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## Vampire Facelift Procedure® After-care Instructions

- ❖ Makeup may be worn as usual immediately following the procedure. Using a gentle cleanser is recommended for the first few days. Proper and frequent use of physical block sunscreen containing zinc or titanium is always important.
- ❖ Please do not use aspirin or other NSAID pain relievers (Advil, Motrin, Aleve) for one week after the procedure. You may use acetaminophen (Tylenol) as directed on the label and/or apply an ice pack to the area for any discomfort.
- ❖ Arnica pills or gel can be purchased at homeopathic/vitamin stores, if desired. Arnica is an herb thought to help reduce any bruising. Please follow any manufacturers instructions on the bottle and discontinue if any rash or discomfort develops.
- ❖ Using a Retin A cream for 6 weeks after the procedure may enhance the effects. Dr. Schlyer can write you a prescription, however, Retin A is not normally covered by any insurance plan and is not mandatory.
- ❖ If you received PPP (Platelet Poor Plasma) to take home, it should be applied every 2 hours for up to 8 hours after the procedure.

*Vampire*  
**FaceLift™ Procedure®**  
*Your Beauty Revived™*